



2-1-1

United Way
of North Central New Mexico

Get connected, get help.

211 is an information and referral helpline that connects callers to community resources to meet their basic needs. The helpline is available Monday-Friday 8:30am-4:30pm.

Dial **211** or (505) 245-1735 for information on and referrals to resources for:

- RENT AND UTILITY ASSISTANCE
- SUPPORT FOR MENTAL HEALTH SERVICES
- ELDERLY, YOUTH AND FAMILY SUPPORT
- FOOD ASSISTANCE
- DISASTER RELATED ASSISTANCE
- AND MUCH MORE.

Sponsored by:  **PRESBYTERIAN**
Health Plan, Inc.

**DIAL
211**

